

PORTFIELDS PRIMARY SCHOOL – PHYSICAL EDUCATION LONG-TERM OVERVIEW



| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------|--|--------------------------------|--|---------------------------|--------------------------------|--------------------------------------|
| EYFS | Agility, Balance and Coordination Multi-Skills | Dance | Gymnastics | Gymnastics | Ball Skills | Athletics Sports Day |
| Year 1 | Agility, Balance and Coordination Skills and Gymnastics | Target Throwing Games Dance | Throwing and Catching Skills Gymnastics | Dribbling Skills Dance | Athletics Mini Team Matches | Striking Skills Mini Team Matches |
| Year 2 | Agility, Balance and Coordination Skills and Gymnastics | Target Throwing Games Dance | Throwing and Catching Skills Gymnastics | Dribbling Skills Dance | Athletics Mini Team Matches | Striking Skills Mini Team Matches |
| Year 3 | Netball Gymnastics | Football Dance | Hockey Badminton | Basketball Dodgeball | Tag Rugby Athletics | Rounders Cricket |
| Year 4 | Netball Gymnastics | Football Dance | Hockey Badminton | Basketball Dodgeball | Tag Rugby Athletics | Rounders Cricket |
| Year 5 | Football Gymnastics | Netball Dance | Basketball Badminton | Hockey Dodgeball | Tag Rugby Athletics | Rounders Cricket |
| Year 6 | Football Gymnastics | Netball Dance | Basketball Badminton | Hockey Dodgeball | Tag Rugby Athletics | Rounders Cricket |

Athletics
Dance
Gymnastics
Games
Outdoor Adventure Activities
Aquatics